

DANZE LATINO A.

TUTTE LE FIGURAZIONI - SAMBA



Unità di apprendimento 1

Natural basic movement
1-3 natural basic movement
4-6 natural basic movement
Reverse basic movement
1-3 reverse basic movement
4-6 reverse basic movement
Progressive basic movement
Outside basic
Samba whisks to left and right
Samba whisk to left
Samba whisk to right
Volta spot turn to right for lady
Volta spot turn to left for lady
Volta spot turn in "a solo" uomo a sx dama a dx
Volta spot turn in "a solo" uomo a dx dama a sx

Promenade samba walk on left foot
Promenade samba walk on right foot
Side samba walks
Stationary samba walks on left foot and right foot
Stationary samba walks on left foot
Stationary samba walks on right foot
Reverse turn
1-3 reverse turn
4-6 reverse turn
Travelling botafogos
Rhythm bounce

Unità di apprendimento 2

Close rocks on right foot and left foot
1-3 close rocks on right foot and left foot
4-6 close rocks on right foot and left foot
Corta jaca
Corta jaca "man" lady steps "woman" man steps
Corta jaca supplement
Natural roll
1-3 natural roll
4-6 natural roll
Open rocks to right and left
1-3 open rocks to right & left
1-6 open rocks to right & left

Promenade botafogos
Promenade to counter promenade botafogos
Backward rocks on right foot and left foot
1-3 backward rocks on right foot
4-6 backward rocks on left foot
Shadow botafogos
1-3 shadow botafogos
4-6 shadow botafogos
Travelling voltas to right
Travelling voltas to left
Samba walk in open cpp
Side samba walks in open cpp

Unità di apprendimento 3

Plait on rf
Plait on lf
Travelling voltas to right "finale botafogos"
Travelling voltas to left "finale botafogos"

Continuous volta spot turn to right
Continuous volta spot turn to left
Continuous volta spot turn to right "finale botafogos"
Continuous volta spot turn to left "finale botafogos"

Unità di apprendimento 4

Argentine crosses
Samba side chasses
Promenade to counter promenade runs
Alternative entries method 1
Dropped volta

Continuous solo spot volta turning left - lady right
Continuous solo spot volta turning right - lady left
Simple volta to right - lady left
Simple volta to left - lady right



Unità di apprendimento 5

Circular voltas to right
Circular voltas to left
Contra botafogos
1-3 contra botafogos
4-6 contra botafogos
Corta jaca in shadow position
Corta jaca with double pelvic tilt action in shadow position
Cruzados locks in shadow position
1-3 cruzados locks in shadow position
4-6 cruzados locks in shadow position
Cruzados walks in shadow position
Cruzados walks in shadow position di piede dx
Alternative entries method 2 "the drag"
Samba locks in open cpp
Three step turn - double spiral turn for lady
Samba locks in open pp
Rolling off the arm
Natural roll - lady three step turn
Reverse turn - lady three step turn
Methods of changing feet (1)
Methods of changing feet (2)
Methods of changing feet (3)
Methods of changing feet (4)
Cambio di piede da open cpp a shadow position stesso piede
Cambio di piede da contra a open cpp
Cambio di piede da rolling off the arm a shadow position
Position change from contra cpp to shadow p.
Position change from shadow p. To contra pp
Position change from shadow p. To contra cpp
Carioca from open promenade position
Carioca from promenade position
Carioca from open counter promenade position

TUTTE LE FIGURAZIONI - CHA CHA CHA

Unità di apprendimento 1

Cha cha cha chasse to right (RLR)	Open basic
Cha cha cha chasse to left (LRL)	1-5 open basic
Cha cha cha lock forward (RLR)	6-10 open basic
Cha cha cha lock forward (LRL)	Check from open CPP
Cha cha cha lock backward (LRL)	Check from open CPP finished in open PP
Cha cha cha lock backward (RLR)	Check from open PP
Compact chasse	Check from open PP finished in open CPP
Time step	Spot turn to left
1-5 time step	Spot turn to left finished in open CPP
6-10 time step	Spot turn to right
Close basic	Spot turn to right finished in open PP
1-5 close basic	Underarm turn turn to right
6-10 close basic	Underarm turn turn to right finished in open CPP



Underarm turn turn to left
 Underarm Turn - Turn to Left Finished in Open PP
 Hand to hand
 Hand to hand Finished in Open PP
 Hand to hand Finished in Open CPP

1-5 hand to hand
 1-10 han to hand
 6-10 hand to hand
 6-15 hand to hand

Three chachacha's backward lock
 Three chachacha's forward lock
 Three chachacha from open position to PP
 Three chachacha from open position to CPP
 Basic fan
 Fan
 Shoulder to shoulder
 1-5 shoulder to shoulder
 6-10 shoulder to shoulder

Alternative shoulder to shoulder
 Alemana (finish A)
 Alemana from open p. with L to R hand hold (finish A)
 Hockey stick
 Natural top (finish A)
 11-15 natural top (finish A)
 Ronde chasse
 Hip twist chasse
 Slip close chasse

Unità di apprendimento 3

Natural top (finish b)
 11-15 natural top (finish b)
 Close hip twist
 Alemana (finish b)
 Open hip twist
 Cross basic

1-5 cross basic
 6-10 cross basic
 Alemana from open p. with L to R hand hold (finish B)
 Opening out from reverse top
 Reverse top

Unità di apprendimento 4

Opening out from reverse top with spiral cross
 Opening out from reverse top turned open CPP
 Cross basic with spiral cross
 Cross basic finish in fan position
 Cross basic finish in open position
 Cross basic finish in open CPP position
 Close hip twist turned in open CPP
 Alemana checked to open CPP
 Alemana from open position with L to R hand hold checked to open CPP

Open hip twist turned to finish in open CPP
 Hockey stick turned to open CPP
 Methods of changing feet - method 1
 Methods of changing feet - method 2
 Turkish towel
 Curl
 Curl turned to open cpp

Unità di apprendimento 5

Guapacha
 Time step guapacha timing
 Close basic guapacha timing
 Open basic guapacha timing
 Check from open cpp guapacha timing
 Check from open pp guapacha timing
 Cross basic guapacha timing
 Turkish towel guapacha timing
 Alemana from open Position with R To R hand hold
 Syncopated open hip twist
 Open hip twist spiral
 Open hip twist spiral turned to fan position
 Close hip twist spiral

Close hip twist spiral turned to fan position
 Cuban break in open position
 Cuban break in open cpp
 Alternative cuban break in open position
 Alternative cuban break in open cpp
 Continuous circular hip twist
 Methods of changing feet - method 3
 Sweetheart
 Follow my leader
 Rope spin finish A
 Rope spin finish B

Split cuban break in open CPP
Split Cuban Break Finished in Open PP
Split cuban break from open CPP and open PP
Split Cuban Break from Open PP and Finished in Open CPP



TUTTE LE FIGURAZIONI - RUMBA

Unità di apprendimento 1

Basic movement
1-3 di basic movement
4-6 di basic movement
Basic movement in open position
1-3 basic movement in open position
4-6 basic movement in open position
Cucaracha to left (left foot cucaracha)
Cucarachas to right (right foot cucaracha)
Basic fan
4-6 di basic fan
Fan
Hockey stick
Spot turn to left
Spot turn to left finished in open CPP
Spot turn to right
Spot turn to right finished in open PP
Under arm turn to left
Under arm turn to right

Under arm turn to left finished in open PP
Under arm turn to right finished in open CPP
Check from open cpp (new york to right)
Check from open cpp finished in open PP
Check from open pp (new york to left)
Check from open pp finished in open CPP
Hand to hand
Hand to hand
Hand to hand
1-3 hand to hand
4-6 hand to hand
Alemana from open position with L to R hand hold
Natural opening out to right
Amalgamation of backward walks
Amalgamation of forward walks

Unità di apprendimento 2

Natural top
7-9 natural top
Natural top with under arm
Close hip twist
Close hip twist turned to finish in open position
Alemana

Open hip twist
Open hip twist turned to finish in open position
Opening out to right and left
Shoulder to shoulder - open
Alternative basic movement
Side steps and cucarachas

Unità di apprendimento 3

Curl
1-3 curl
Curl turned to finish in open position
Reverse top
1-3 reverse top
Spiral
1-3 spiral
4-6 spiral
Spiral turned to fan position
Spiral from hand to hand
Close hip twist turned to finish in close hold
Open hip twist turned to finish in close hold
Curl turned to finish in close hold
Alemana from open position with L to R hand hold checked to open CPP

Spiral turned to finish in close hold
Forward walks in shadow position
Hockey stick turned to open CPP
Close hip twist turned to open CPP
Alemana checked to open CPP
Open hip twist turned to open CPP
Spiral turned to open CPP
Curl turned to open CPP
Opening out from reverse top
Fallaway
Cuban rocks
Syncopated cuban rocks
Continuous hip twist



Unità di apprendimento 4

Advanced opening out movement
Close hip twist
Close hip twist with R to R Hand Hold
Close hip twist with R to R Hand Hold
Open hip twist
Curl
Spiral
Fallaway
Alemana from open position with R to R hand hold
Rope spin
Sliding doors
Sliding doors
Advanced sliding doors
Advanced sliding doors
Three alemanas
Three alemanas from open position with L to R hand hold
Continuous hip twist
Continuous hip twist with R to R hand hold
Continuous circular hip twist
Continuous circular hip twist turned to finish in close hold
Continuous Circular hip twist with R to R hand hold
Continuous circular hip twist turned to open CPP
Fencing with spot turn or spin ending
Fencing with with man solo spin to left
Fencing with with lady's one beat spin to left
Three threes
Three threes finished in fan position
Three threes finished in fan position
Three threes finished in close hold
Syncopated open hip twist
Runaway alemana
Runaway alemana

TUTTE LE FIGURAZIONI - PASO DOBLE

Unità di apprendimento 1

Basic movement	Huit
1-4 basic movement	Attack
Sur place	1-4 attack
Sur place finished in PP	Separation
Chasses to right	Promenade
Elevations to right	Sixteen
Drag	Twist turn
Chasse to left	Reverse promenade turn
Elevations to left	
Chasse to left ended in PP	
Promenade close	



Unità di apprendimento 2

Promenade to counter promenade
Promenade to counter promenade
Grand circle
La passe
Banderillas
Syncopated separation
2-8 attack
Fallaway whisk
Fallaway reverse
Spanish line

1-4 spanish line
5-12 spanish line
Methods of changing feet
One beat hesitation
Syncopated sur place
Syncopated chasse
Separation to fallaway whisk
Flamenco taps
Left foot variation
Left foot variation

Unità di apprendimento 3

Twists
Chasse cape
Travelling spin from PP
Travelling spins from PP (Note)
Traveling spins from CPP
Traveling spins from CPP (Note)
Coup de pique changing from LF to RF
Coup de pique changing from RF to LF
Coup de pique couplet
Syncopated coup de pique

Alternative entries to pp - method n° 1
Alternative entries to pp - method n° 2
Alternative entries to pp - method n° 3
Separation with lady's caping walk
Farol
Farol including the fregolina method n° 1
Farol including the fregolina method n° 2
Sevillanas
Sevillanas in PP
Revol - finale "A" finale "B"

TUTTE LE FIGURAZIONI - JIVE

Unità di apprendimento 1

Jive chasse to left (lrl)
Jive chasse to right (rlr)
Jive rock
Basic in place
Open basic with tap step
Open basic with flick close

Basic in fallaway
Change of place right to left
Change of place left to right
American spin
Link
1-5 link

Unità di apprendimento 2

Change of hands behind back
Whip
Fallaway throwaway
Hip Bump - timing Q aQ opp (S) opp. (QQ)
Promenade walks slow
3-8 promenade walks slow
Promenade walks quick
3-6 promenade walks quick

3-8 change of place right to left
3-8 fallaway throwaway
Throwaway whip
Double cross whip
Curly whip
Mooch
Miami special

Unità di apprendimento 3

Change of place left to right with r to l or r to r hand hold
Reverse whip
Rolling off the arm
Rolling off the arm danced from open position with r to r hand hold
Rolling off the arm danced from open position with double hand hold



Flick ball change
3-5 change of place left to right
Stop and go
Spanish arm
Toe heel swivels slow
3-8 toe heel swivels slow
Toe heel swivels quick
Toe heel swivels slow and quick

Unità di apprendimento 4

Suitable alternative rhythmic interpretation n°1 - n° 2 - n° 3
Shoulder spin
Overturned fallaway throwaway
3-8 overturned fallaway throwaway
Change of place right to left with double spin
3-8 change of place right to left with double spin
Overturned change of place left to right
The laird break
Windmill
Chicken walks
Flick ball change
Ball change with hesitation
Jive breaks
Break no. 1
Break no. 2
Break no. 3
Simple spin
Flicks into break
Chugging
Catapult
Stalking walks, flicks and break